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TITLE: Changing the Attitudes and Behaviors of Black Men to Screening for Prostate Cancer

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Table of Contents

Cover
SF 298
Table of Contents
Introduction1
Body2
Key Research Accomplishments5
Reportable Outcomes6
Conclusions7
References8
Appendices9

Introduction

This project has been designed on the premise that the attitudes of many Black men to screening for prostate cancer present enormous barriers to the control of the disease among Blacks. The objectives of the project are a) to explore the prevailing attitudes toward prostate cancer screening among Black men in the Cape Fear region of North Carolina b) to determine the comparative effectiveness of a one-time presentation of information advocating prostate cancer screening to that of repeated presentations of the message, and c) to determine the characteristics and impact of the agent of information delivery on the attitudes and behaviors of Black men toward screening for prostate cancer. The design of the study involves the presentation of uniform messages advocating the benefits of prostate cancer screening to a group of 120 black men 40 years and older who have never been screened for prostate cancer, nor participated in a prostate cancer education program. Participants are to be recruited from area black churches. Researchers, health professionals, and peer facilitators will deliver educational messages once to one group, and three times to a second group. The comparison of attitudes before exposure to the messages to that after exposure will help determine the impact of the program on attitudes in the groups. Furthermore, the number of men screened following exposure to messages will help determine the impact of the program on behavior change. It will also be possible to determine the relative effectiveness of the agent of the message and its interaction with the frequency of exposure on attitude and behavior change. Findings from this investigation will help researchers, health care professionals, and community leaders determine important variables that need to be considered in the design and delivery of educational programs geared toward changing the attitudes and behaviors of Black men to screening for prostate cancer.

Body

The following are the timelines proposed for the Statement of Work:

Month 1-3

The PI will contact and solicit support from Black churches, pastors and group leaders in these churches. Contacts the PI has already established with some area churches will make a positive contribution toward obtaining support from the Black community.

Effort in the first 3 months would also be geared toward the gathering, and preparation of educational materials to be used in the project. A final version of questionnaire to be used to obtain information about attitudes towards screening for prostate cancer among potential participants will be developed.

Black men 40 years and older will be eligible to participate in this program. The starting age of 40 is important because individuals who may not have been aware of the risk of prostate cancer would start thinking about how to combat it through screening once they have been exposed to the facts. If one obtains a positive attitude and behavior change following participation at a relatively early age, it is likely the individual may continue on that path and obtain screening when appropriate.

Month 4-6

Between months 4 and 6, questionnaires would be administered to all participants. Students from the university will be trained to administer the questionnaires in direct interviews. The interviews will be performed either in the homes of participants or in churches. While the preliminary information on attitudes is being obtained, the peer leaders and nurses or other health professional in the different churches will be identified and trained in how to present the materials, and manage the educational sessions in the respective churches.

Month 7-18

Between months 7 and 18, there will be discussions of educational materials in the different churches (see Instrumentation for a description of materials). While the educational programs are going on, initial data obtained on the attitudes questionnaires will be coded and analyzed. Preliminary results will be presented and published.

Month 19-23

Between months 19 and 23, a second direct interview questionnaire will be administered. The focus of the second interview will be to determine whether participation in the educational activities has had any significant impact on the attitudes of participants towards screening for prostate cancer. It would also be possible to determine whether as a result of the educational activities, the participants have followed through and obtained screening from their physicians. Data from doctors would be of particular interest at this stage.

Month 24-30

Month 24 to 30 will be devoted to coding and analysis of the data, and the publication of findings. Possible problems that one may encounter may be that some individuals may not be

persistent or consistent in their attendance to these educational sessions. There could also be illness and other emergencies that may cause some individuals in the repeat presentation groups to drop out. Plans will be in place to deal with these problems (see Procedures for dealing with attrition relative to the post-test)

Month 31-36

Month 31-36 will be used for an intensive educational program in area churches. The results of the project will be presented to participants and to congregations that were not included in the study through seminars and workshops. The data and results from the project will be made available to other interested researchers through publicity on the World Wide Web.

None of the proposed statements has been executed as yet because the PI has not obtained Single Project Assurance approval from the Office of Regulatory Compliance and Quality, U.S. Army Medical Research and Materiel Command (USAMRMC).

The following are the chronology of events regarding the grant award:

- 1) Michael Younkins, Chief of Special Projects Branch sent a letter dated September 13, 1999 to Maxwell Twum, Principal Investigator (PI) for the project. The letter informed me about recommendation of funding for the project. It also outlined specific comments from reviewers and other items that had to be addressed.
- 2) On October 8, 1999, Col. Julie Zadinsky, Acting Chair Human Subjects Research Review Board sent a letter to me requesting specific revisions to the protocol and informed consent items.
- 3) Dr. Angela Howard sent me an e-mail message on December 3, 1999 to inquire whether Fayetteville State University (FSU) had Multiple Project Assurance (MPA) from the Office of Protection from Research Risk (OPRR). She informed me about the need to apply for a Single Project Assurance (SPA) from the Department of Defense (DOD) before the protocol for the project could be approved for implementation. She requested for materials related to the SPA to be mailed to Maj. Robert Miller. I passed on the information to Fayetteville State University IRB members to enable them work on the SPA. Ms. Beverly Warren, Director of Sponsored Research and member of FSU IRB contacted Maj. Miller by phone to discuss the SPA application process.
- 4) According to a memorandum from Dr. Howard dated January 24, 2001, the FSU IRB responded by stating that they would submit an application for a DOD SPA, but that this would not occur until all study instruments had been developed. (Please note that the proposal submitted for the grant did not include a survey instrument).
- 5) On January 7, 2000, Dr. Howard sent me an e-mail message in which she wrote that start up monies for the development of a study instrument could be negotiated with Ms. Sherry Regalado, Contract Specialist, U.S. Army Medical Research Acquisition Activity.
- 6) Contract negotiations began soon thereafter between Ms. Regalado and FSU represented by Ms. Beverly Warren. As part of the negotiations, Ms. Regalado sent a letter to Ms. Warren on January 15, 2000. The letter outlined a number of items that were required to complete the grant process. Ms. Warren responded to the request on February 16, 2000. A preliminary study instrument was sent with that letter.

- 7) I sent a fax to Dr. Howard on March 2, 2000 in which I addressed human subject issues raised in the October 8, 1999 letter.
- 8) Fayetteville State University signed the grant award on March 9, 2001.
- 9) I applied for FSU IRB approval for the project on June 19, 2000. The project was approved on July 17, 2000. Ms. Warren contacted Dr. Howard by phone on July 12, 2000 and followed up the conversation with an e-mail message. She informed Dr. Howard about my readiness to request a Single Project Assurance number for the project.
- 10) On July 17, 2000 I received an e-mail from Ms. Catherine Smith (USAMRMC) who identified herself as a point of contact for the SPA negotiations phase for the project. She informed me that the research protocol could not be approved before an SPA had been provided.
- 11) An SPA application was sent to Ms. Catherine Smith on August 14, 2000. I followed up with a message on August 29, 2000 to inquire about progress being made on the SPA application. Ms. Smith informed me on August 30, 2000 that Dr. Howard was working on the protocol.
- 12) On August 31, 2000 I received an e-mail from Dr. Howard who identified herself as the one responsible for reviewing my protocol. She also informed me that no documents had been submitted for the SPA application.
- 13) I forwarded a copy of Dr. Howard's e-mail to Ms. Warren so she could obtain further clarification about the SPA application.
- 14) On September 1, 2000, Ms. Warren contacted Dr. Howard by e-mail to inform her that a copy of the SPA application was being sent to her. She informed Dr. Howard that the application would not contain original signatures because the original had been sent to Ms. Smith in accordance with her message of July 17, 2000.
- 15) Dr. Howard sent a fax to me on September 27, 2000. She requested for copies of all IRB approved versions of my questionnaire, interview instruments and educational materials (i.e., documents being developed for the collection of pretest and post-test attitude data and to assess prostate cancer knowledge among participants).
- 16) On or about November 17, 2000 I contacted Dr. Howard by phone to discuss outstanding issues with the protocol. I followed up the discussion with an e-mail on November 20, 2000 to request further clarifications about the process.
- 17) I received an e-mail from Dr. Howard on November 21, 2000 in which she suggested ways in which issues in the protocol could be addressed.
- 18) Protocol issues were addressed and mailed to Dr. Howard on January 2, 2001. A copy of the study instrument was also submitted.
- 19) Dr. Howard responded with an e-mail and attached memorandum on January 24, 2001. The e-mail outlined further revisions that needed to be made to the protocol, and requested for further information to be made available to her.
- 20) On March 5, 2001 I sent a letter in which all outstanding protocol issues were addressed to Dr. Howard. I also informed her that FSU IRB was working to provide her with the items she requested in her memorandum.
- 21) Dr. Howard has consistently reminded me not to initiate the study until I receive approval from the Contracting Officer and not to construe any correspondence as approval for additional contract funds. I have adhered to those conditions.

Key Research Accomplishments

Study instruments for pretest and post-test attitude measurements have been completed. See appendix for attached copies.

Portable Outcomes

None to report at this time.

Conclusions

None

References

None

Appendices

Questionnaires

Changing the Attitudes and Behaviors of Black Men to Screening for Prostate Cancer

Interview Instrument

Interviewer Nam	e:			
Interview ID #				
	Date of Interview:	Month	/	Year
General Commer	nts/ Observations			

General Instructions for Subject Interview:

If the respondent refuses to answer a question during the interview, record the reason they gave for refusing in the space provided next to the item. Do not ask them to tell you the reason for refusing.

GENERAL DEMOGRAPHIC INFORMATION

Ask the respondent the following questions, and record their responses, or make the observation and record the response.

(Unless otherwise indicated, code99=no response/don't know)

. What year and month were you born? Month Year				
2. Have you ever been married?				
Yes1				
No2				
3. Which of the following best describes you now?				
Married1				
Widowed2				
Divorced3				
Separated4				
4. How long have you been married, widowed, divorced, or separated?				
Chose from the response to #3] wears months				
(Leave the respondent to give you the length)				

5. If you can tell racial background from observation, do so, otherwi	ise:
What group do you believe best describes your racial background?	
Black, non-Hispanic1	
Other2	
6. How tall are you?	
7. How much do you weigh?	
8. Do you live alone?	
Yes (Continue to #10)	
No (Continue to #9)	
9. How many people live with you? (Code 99= no response/don't know)	
10. How many living children do you now have?	
(Code 99=no response/don't know)	

11. Do you currently work for pay?				
Yes1				
No				
12. How many hours a week do you work for pay?Hours (Code 99=no response/don't know)				
13. What kind of work do you do now?				
(Ask follow up questions to give as MUCH DETAIL as possible until you				
feel you know exactly what they did)				
14. In what kind of business or industry did you work (for most of your working life)?				
(Ask follow up questions to give as MUCH DETAIL as				
possible until you feel you know exactly what they did!)				
If Respondent is not currently married: Go to #18				
15. Does your spouse currently work for pay?				
Yes (Continue to #16)				
No				

16. How ma	ny hours a week does your spouse work for pay?hours
	(Code 99-no response/don't know)
17. What kii	nd of work does your spouse do now?
(Ask j	follow up questions to give as MUCH DETAIL as possible
probe	until you feel you know exactly what they did)
18. In what	kind of business or industry did your spouse work (for most of
<i>his/her</i> worl	king life)?
(Ask follow	v up questions to give as MUCH DETAIL as possible-probe
until you fe	eel you know exactly what they did!)
19. Do you j	pay for your health care costs using (read each one
individually	and record No=0, and Yes=1)
	Medicare [Part A: Hospital care]
	Medicare [Part B: Doctor's care]
-	Private health insurance furnished by employer
	Private health insurance paid by self/spouse
	CHAMPUS [Military health insurance]
	Out-of-pocket for direct costs (not insurance payments)
-	Medicaid [through DSS]
-	Help from the family
	Others (please describe)

PERCEIVED SOCIAL SUPPORT

I now want to find out the support that is available to you from your family and friends.

20. About how many close friends and close relatives do you have	ve (that is,
people you feel at ease with and can talk to about what is on yo	ur
mind)?	

(Code99=no response/don't know)

People sometimes look to others for companionship, assistance, or other types of support. Using the choices on the card, *[Show Card 1]* please tell me how often each of the following kinds of support is available to you if you need it

	None	A little	Some	Most	All
	of the	of the	of the	of the	Of the
	time	time	time	time	time
21. Someone to help you if you were	1	2	3	4	5
confined to bed.					
22. Someone you can count on to listen to	1	2	3	4	5
you when you need to talk.					

	None	A little	Some	Most	All
	of the	of the	of the	of the	Of the
	time	time	time	time	time
23. Someone to give you good advice	1.	2	3	4	5
when you have a crisis.				0_0	
24. Someone to take you to the doctor if	1	2	3	4	5
you needed it.					
25. Someone who shows you love and	1	2	3	4	5
affection.					
26. Someone to have a good time with.	1	2	3	4	5
27. Someone to give you information to	1	2	3	4	5
help you understand a situation.					
28. Someone to confide in or talk to about	1	2	3	4	5
yourself or your problems.					
29. Someone to do things with to help get	1	2	3	4	5
your mind off your worries.					
30. Someone to share your most private	1	2	3	4	5
worries and fears with.					
31. Someone who understands your	1	2	3	4	5
problems.					

32. How many days in the last six months have you stayed in the bed or						
restricted your activ	ities because of illne	ess.	number			
of days (Code 99=no response/don't know)						
33. Have you been a	a patient in the hosp	ital overn	night since January 1, 1999?			
Yes		1	[Continue to #34]			
No		2	[Go to #35]			
(Code 99=no response/don't know)						
34. How many different times did you stay in any hospital overnight or						
longer since January 1, 1999?times						
(Code 99=no response/don't know)						
35. Since January 1, 1999, about how many times did you visit a medical						
doctor or physician's assistant? [Do not count dentists, or doctors seen						
while an overnight patient in a hospital]times						
	(Code 99=no	resnonse	v/don't know)			

36. Looking at this card [Show Card #2], how would you rate your pres	sent
overall state of health?	
Very Poor1	
Poor2	
Fair3	
Good4	
Excellent5	
37. Looking at the card [Show Card #3] compared to blacks you know,	at
roughly your age, and earning roughly the same income, are you:	
Very much worse in health than most1	
Somewhat worse in health than most2	
About the same in health as most	
Somewhat better in health than most4	
Very much better in health than most5	

38. Compared to one year ago (i.e., since January 1, 1999) how do you rate your
health in general now? [Show Card #4]
Very much worse than one year ago1
Somewhat worse that one year ago2
About the same as one year ago3
Somewhat better than one year ago4
Very much better than one year ago5
39. Do you have a primary care doctor?
Yes
No
Don't Know/Refused3
40. As best as you can remember, how long have you been going to this
doctor? (Give the specific number according to your memory)
days, weeks,, months,, years ago.
41. As best as you remember how many times did you see your doctor in the
past year (i.e., since January 1, 1999), solely for a complete physical exam?
times

42. How long ago was your last visit to the doctor?
Less than one month ago1
Less than 6 months ago2
Less than a year age3
More than a year ago4
43. Was the doctor male or female?
Male1
Female2
44. Was the doctor from the same racial group as you?
Yes1
No2
45. Was your visit to the doctor for a specific problem or for a complete physical
exam?
Specific problem1
Complete physical exam2

46. Was the doctor your primary care doctor?	
Yes	
No	.2
47. Did you choose this doctor you saw?	
Yes]
No	.2

I will now ask you a few questions about the physical activities you engage in.

Please answer Yes or No, if you engage in any of these activities. (Read each question and ask respondents to answer Yes or No. Record any refusal to answer the question in the appropriate column)

	Yes	No	Refused/ Do
			not know
48. Do you run, lift weights, or participate	1	2	3
in strenuous sports at least once a week?			
49. Do you bowl, play golf, or ride a	1	2	3
bicycle at least once a week?			
50. Do you climb several flights of stairs	1	2	3
at least once a week?			

	Yes	No	Refused/ Do
			not know
51. Do you climb <i>one</i> flight of stairs at	1	2	3
least once a week?			
52. Do you walk more than a mile at least	1	2	3
once a week?			
53. Do you participate in any vigorous	1	2	3
dance activity at least once a week?			
54. Do you walk several blocks at least	1	2	3
once a week?			
55. Do you walk one block at least once a	1	2	3
week?			
56. Do you do aerobic exercises at least	1	2	3
once a week?			
57. Do you work out in a gym at least	1	2	3
once a week?			
58. Do you swim at least once a week?	1	2	3

In the last 12 months (since January 1, 1999), have you had or felt any of the following?

(Read each of the following symptoms to the respondent and record the responses. Follow up if they answer YES).

	Yes	No	Don't
			Know/Refused
59. Prolonged time before you begin urinating	1	2	3
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3
60. Frequent need to urinate during the day or	1	2	3
night?			
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3
61. Pain in your groin when urinating?	1	2	3
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3

·	Yes	No	Don't
			Know/Refused
62. Difficulty completely emptying your	1	2	3
bladder when you urinate?			
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3
63. Weak or interrupted flow of urine when	1	2	3
you urinate?			
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3
64. Stiffness in the lower back, hips, or upper	1 .	2	3
thighs?			
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3

65. Has any of these relatives been diagnosed with prostate cancer?

	Yes	No	Don't Know/Refused
a. Brother	1	2	3
b. Father	1	2	3
c. Grandfather	1	2	3
d. Uncle	1	2	3
e. Son	1	2	3

66. Has any of these relatives died from prostate cancer?

	Yes	No	Don't Know/Refused
a. Brother	1	2	3
b. Father	1	2	3
c. Grandfather	1	2	3
d. Uncle	1	2	3
e. Son	1	2	3

67. As best as you can remember how long ago did you get a complete						
physical exam from	a doctor? (Provid	le the specific nun	nber)			
days,	weeks,	months,	years.			

68. Was a prostate check through the rectum par	t of the physical exam?
Yes1	
No2	
Don't Know/Refused3	
69. Has a doctor ever checked you for prostate	cancer through a rectal
exam?	
Yes1	[Continue to #71]
No2	[Go to # 70]
Don't Know/Refused3	[Go to # 70]
70. Has your doctor ever suggested a prostate ch	neck through rectal exam to
you?	
Yes1	[Continue to #71]
No2	[Go to # 73]
Don't Know/Refused3	[Go to # 73]
71. As best as you remember, how may times ha	as your doctor recommended
that you have a prostate check through rectal ex	am?times.

on to have your prostate
incer through a blood test?
[Go to # 75]
[Go to # 74]
[Go to # 74]
cer check through a blood
[Continue to #75]
[Go to # 77]
[Go to # 77]
your doctor recommended
ood test?times.

76. Have you ever refused your doctor's suggestion to have a prostate
cancer check through a blood test?
Yes1
No2
Don't Know/Refused3
77. As best as you remember have you ever seen an urologist? (An urologist
is a specialist doctor who treats bladder, kidney, and/or prostate problems)
is a specialist doctor who treats bladder, kidney, and/or prostate problems) Yes
Yes1
Yes
Yes

79. Have you ever been told by a doctor that you have any of the following:

	Yes	No	Don't know/Refused
a. Prostate infection	1	2	3
b. Enlarged prostate	1	2	3
c. Prostate cancer	1	2	3
d. Any other cancer	1	2	3

Please listen to the following statements I am about to read and give me your opinion on each statement. Please use the card for your responses. There is no right or wrong answer. [Show Card #5]

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
80. I'd rather pray to stay healthy	1	2	3	4	5	6
than go for yearly prostate cancer						
check ups.						
81. Prostate cancer check ups are	1	2	3	4	5	6
too expensive.						
82. It is too degrading to have a	1	2	3	4	5	6
doctor check out my prostate.						
83. If a prostate cancer check-up	1	2	3	4	5	6
shows I have an illness, it will put	<u> </u>					
too much financial strain on me,						
and my family.						
84. I am too embarrassed to have	1	2	3	4	5	6
a doctor check my prostate				į		
through the rectum.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
85. Prostate cancer check ups are	1	2	3	4	5	6
painful.						
86. I know my prostate is healthy.	1	2	3	4	5	6
87. I do not worry about getting	1	2	3	4	5	6
prostate cancer.						
88. Prostate check-up procedures	1	2	3	4	5	6
are too complicated.						
89. When I feel healthy, I do not	1	2	3	4	5	6
need a prostate check up.						
90. Yearly prostate cancer check	1	2	3	4	5	6
ups will help me do something						
good about my health.						
91. A prostate check through my	1	2	3	4	5	6
rectum will make me less a man.						
92. Yearly prostate check ups are	1	2	3	4	5	6
very important.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
93. I am afraid of what a prostate	1	2	3	4	5	6
cancer check through a blood test						
may find.						
94. I am afraid what the doctor	1	2	3	4	5	6
may find during a prostate check.						
95. Too much is being made	1	2	3	4	5	6
about yearly prostate check-ups.					:	
96. I'd accept a blood test to find	1	2	3	4	5	6
prostate cancer.						
97. I will not willingly participate	1	2	3	4	5	6
in yearly prostate cancer check-						
ups.						
98. Yearly prostate cancer check	1	2	3	4	5	6
ups are useful for finding any						
health problems early.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
99. I fear yearly prostate cancer	1	2	3	4	5	6
check-ups will show that I am						
sicker than I think.						
100. I'd accept a rectal exam to	1	2	3	4	5	6
find prostate cancer.						
101. I will not go for prostate	1	2	3	4	5	6
check-ups until it is really						
necessary.						
102. Yearly prostate check ups is	1	2	3	4	5	6
a waste of time and money.						
103. Yearly prostate check ups	1	2	3	4	5	6
will help me do something useful						
about my health.						
104. Accepting a rectal exam of	1	2	3	4	5	6
the prostate is a sign of				·		
homosexuality.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
105. Regular prostate check up is	1	2	3	4	5	6
a ploy by doctors to get more						
money.						
106. A prostate check through the	1	2	3	4	5	6
rectum is a normal part of a						
physical exam.						
107. I should have a prostate	1	2	3	4	5	6
check through the rectum once a						
year.						
108. I should have yearly prostate	1	2	3	4	5	6
cancer check-up through a blood						
test.						
109. Lack of free medical care	1	2	3	4	5	6
prevents me from getting regular						
prostate check up.						
110. Regular prostate check ups	1	2	3	4	5	6
will not do much for my health.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
111. When I feel fine, I do not	1	2	3	4	5	6
need to ask the doctor whether I						
have a serious illness.						
112. Regular prostate check ups	1	2	3	4	5	6
do not contribute much to one's						
health.						
113. Regular prostate check up	1	2	3	4	5	6
will not add more years to my						
life.						
114. I have lived a good life, so a	1	2	3	4	5	6
disease at this stage will not						
worry me too much.						
115. Regular prostate check up is	1	2	3	4	5	6
mostly good for younger men.						
116. It is better I do not know	1	2	3	4	5	6
about a prostate problem I may						
have.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
117. Regular prostate check up	1	2	3	4	5	6
will save me much pain.						
118. Regular prostate check ups	1	2	3	4	5	6
will help early detection of						
disease.						
119. Regular prostate check up is	1	2	3	4	5	6
important for avoiding prostate						
cancer.						

Please listen to the following statements I am about to read and give me your opinion on each statement. Please use the card for your responses. There is no right or wrong answer. [Show Card #5]

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
120. When I get sick, I have the	1	2	3	4	5	6
power to make myself well again.						
121. If I am going to get sick, I	1	2	3	4	5	6
will get sick no matter what I do.						
122. Having a good doctor makes	1	2	3	4	5	6
it less likely that I will be sick.						
123. My health is very much	1	2	3	4	5	6
influenced by things beyond my						
control.						
124. Whether I stay healthy	1	2	3	4	5	6
depends on the care and advice I						
get from my doctor.						
125. Other people have a big say	1	2	3	4	5	6
in whether I stay healthy or not.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
126. I am responsible for staying	1	2	3	4	5	6
healthy.						
127. When I get sick it is the will	1	2	3	4	5	6
of God.						
128. It is my fault whenever	1	2	3	4	5	6
something goes wrong with my						
health.						
129. My health depends on how	1	2	3	4	5	6
well I take care of myself.						
130. When I get ill it is because I	1	2	3	4	5	6
have not taken care of myself						
131. The care I get from doctors	1	2	3	4	5	6
and health workers determines						
whether I stay healthy.						
132. It is easy to get sick even	1	2	3	4	5	6
when I take care of myself.						

Considering the doctor you see for your general health needs, to what extent do you agree or disagree with the following statements about the doctor? There are no right or wrong answers. Please look at the card and tell me the answer that best says what you feel. [Show card #5]

	Strongly	Disagree	Slightly	Slightly	Agree	Strongly
,	Disagree		Disagree	Agree		Agree
133. I am satisfied with the	1	2	3	4	5	6
way the doctor treats me.						
134. I can freely discuss my	1	2	3	4	5	6
health concerns with the						
doctor.						
135. I look forward to going	1	2	3	4	5	6
to see the doctor about my						
health concerns.						
136. The doctor takes time to	1	2	3	4	5	6
listen to me.						
137. The doctor shows	1	2	3	4	5	6
interest in my health						
concerns.						

	Strongly	Disagree	Slightly	Slightly	Agree	Strongly
	Disagree		Disagree	Agree		Agree
138. The doctor clearly	1	2	3	4	5	6
answers my questions about						
my health.						
139. The doctor recommends	1	2	3	4	5	6
appropriate treatment for my						
health needs.						
140. The doctor follows	1	2	3	4	5	6
closely the progress I make						
in my health.						
141. The doctor is competent	1	2	3	4	5	6
in his/ her work.						
142. I trust the doctor's	1	2	3	4	5	6
opinion about my health.						
143. I have considered	1	2	3	4	5	6
changing to a different						
doctor.						
						L

	Strongly	Disagree	Slightly	Slightly	Agree	Strongly
	Disagree		Disagree	Agree		Agree
144. The doctor tells me	1	2	3	4	5	6
what I have to do to improve						
my health.						
145. I follow closely all the	1	2	3	4	5	6
doctor's recommendations.						
146. The doctor is	1	2	3	4	5	6
committed to doing the best						
for my health.						
147. The doctor does not	1	2	3	4	5	6
hide information from me.						
148. The doctor tells me the	1	2	3	4	5	6
reasons for doing every test						
he/she recommends.						
149. The doctor clearly	1	2	3	4	5	6
explains every test result to						
me.						

	Strongly	Disagree	Slightly	Slightly	Agree	Strongly
	Disagree		Disagree	Agree		Agree
150. The doctor allows me to	1	2	3	4	5	6
ask questions.						
151. The doctor will not do	1	2	3	4	5	6
anything harmful to me.						
152. The doctor will not do	1	2	3	4	5	6
research on me without						
asking my permission.						
153. After talking with the	1	2	3	4	5	6
doctor, I know much about						
my state of health.						
154. The doctor will not use	1	2	3	4	5	6
any material I give him/her						
for research without my						
permission.						
155. The doctor helps relieve	1	2	3	4	5	6
my concerns about my						
health.						

	Strongly	Disagree	Slightly	Slightly	Agree	Strongly
	Disagree		Disagree	Agree		Agree
156. After talking with the	1	2	3	4	5	6
doctor, I have a good idea of						
what I need to do to be						
healthy.						
157. The doctor gives me a	1	2	3	4	5	6
chance to ask questions						
about my health.						
158. The doctor tells me all I	1	2	3	4	5	6
want to know about my state						
of health.						
159. The doctor is	1	2	3	4	5	6
sympathetic to my health						
concerns.						
160. The doctor provides	1	2	3	4	5	6
satisfactory answers to						
questions about my health.						
161. The doctor is not	1	2	3	4	5	6
friendly to me.						

	Strongly	Disagree	Slightly	Slightly	Agree	Strongly
	Disagree		Disagree	Agree		Agree
162. The doctor gives me a	1	2	3	4	5	6
chance to say what is really						
on my mind.						
163. I understand very well	1	2	3	4	5	6
the doctor's plans for my						
health.						
164. The doctor is good at	1	2	3	4	5	6
explaining everything about						
my health to me						
165. After talking to the	1	2	3	4	5	6
doctor, I feel much better						
about my health.						!
166. I feel that the doctor	1	2	3	4	5	6
really understands my						
concerns.						
167. I feel free to talk to the	1	2	3	4	5	6
doctor about all my health						
concerns.						

	Strongly	Disagree	Slightly	Slightly	Agree	Strongly
	Disagree		Disagree	Agree		Agree
168. The doctor doesn't take	1	2	3	4	5	6
my health concerns						
seriously.						
169. The doctor gives me a	1	2	3	4	5	6
thorough medical						
examination.						
170. I can trust the doctor to	1	2	3	4	5	6
make the right decisions						:
about my health.						
171. The doctor does not	1	2	3	4	5	6
spend enough time with me.						
172. The doctor seems	1	2	3	4	5	6
rushed during his/her						
examination of me.						
173. The doctor looks into	1	2	3	4	5	6
all the problems I mention.						

Strongly	Disagree	Slightly	Slightly	Agree	Strongly
Disagree		Disagree	Agree		Agree
1	2	3	4	5	6
		Disagree	Disagree Disagree	Disagree Disagree Agree	Disagree Disagree Agree

175. Please answer the following questions with a Yes or No response.

	Yes	No	Don't
			Know/
			Refused
a. Do you eat fruits at least once	1	2	3
a day?			
b. Do you eat vegetables at least	1	2	3
once a day?			
c. Do you drink alcohol?	1	2	3
If Yes, do you drink everyday?	1	2	3
d. Do you smoke?	1	2	3
e. If <i>Yes</i> , do you smoke	1	2	3
everyday?			

176. In your opinion, how important will the following be in your decision to have your prostate checked through rectal exam by a doctor. Please look at the card [Show Card #6], and tell me how important each item is to you. There are no right or wrong answers

	Absolutely	Not	Barely	Important	Absolutely
	not important	important	Important		Important
a. Your ability to pay for the	1	2	3	4	5
check up.					
b. How sick you feel.	1	2	3	4	5
c. Availability of transportation	1	2	3	4	5
d. Your doctor recommends it.	1	2	3	4	5
e. The doctor is a black man.	1	2	3	4	5
f. It is the right thing to do.	1	2	3	4	5
g. Someone you know does it.	1	2	3	4	5
h. How friendly the personnel	1	2	3	4	5
at the hospital are to you.					
i. Someone you know	1	2	3	4	5
recommends it.					

	Absolutely	Not	Barely	Important	Absolutely
	not important	important	Important		Important
j. You read about the	1	2	3	4	5
importance of regular prostate					
check ups.					
k. Someone you know is	1	2	3	4	5
diagnosed with prostate cancer					
1. Someone you know dies	1	2	3	4	5
from prostate cancer.					
m. To be sure you are in good	1	2	3	4	5
health.					
n. You participate in a	1	2	3	4	5
workshop on prostate cancer.					

I just have a few more questions, again, thank you for being so patient.

(Code 99= no response/don't know)	
closest to the income that you (if married- and your spouse) have in a year.	ı
177. Looking at this card [show card #7] please tell me the number that cor	nes

178. How many people all together live on this income (that is, it provides at
least ½ of their support)? (Code 99= no response/don't know)
179. What is the highest level of education you have received?
No Formal Education1
Less than High School2
Some High School3
High School Graduate4
Some College5
College Graduate6
Post Graduate Degree7
180. How well does the amount of money you (and/or your spouse) have
take care of your needs?
Very Poorly1
Poorly2
Barely3
Well4
Worm, Woll 5

Changing the Attitudes and Behaviors of Black Men to Screening for Prostate Cancer

Follow Up Interview Instrument

Interviewer Nam	e:			
Interview ID #				
	Date of Interview:	Month	Day	Year
General Commer	nts/ Observations			

General Instructions for Subject Interview:

If the respondent refuses to answer a question during the interview, record the reason they gave for refusing in the space provided next to the item. Do not ask them to tell you the reason for refusing.

GENERAL DEMOGRAPHIC INFORMATION

Ask the respondent the following questions, and record their responses, or make the observation and record the response.

(Unless otherwise indicated, code99=no response/don't know)

1. What year and month were you bor	n?	Month	Year
2. Which of the following best describ	es y	ou now?	
Married1			
Widowed2			
Divorced3			
Separated4			
3. How long have you been <i>married</i> ,	wid	owed, divorced	l, or separated?
[Chose from the response to # 2]		years	months
(Leave the respondent to give you the	e lei	ngth)	
4. Do you currently work for pay?			
Yes1			
No2	(G	o to #7)	

5. How many hours a week do you w	ork for pay?Hours
	(Code 99=no response/don't know)
C. What him I of much In your In man	
6. What kind of work do you do nov	V !
(Ask follow up questions to give as	MUCH DETAIL as possible until you
feel you know exactly what they did	<i>t</i>)
	•
If Respondent is not currently marr	ied: Go to #11
7. Does your spouse currently work	for pay?
Yes1	(Continue to #8)
No2	(Go to #10)
8. How many hours a week does you	r spouse work for pay?hours
	(Code 99-no response/don't know)
9. What kind of work does your spou	ise do now?
(Ask follow up questions to gr	ive as MUCH DETAIL as possible
probe until you feel you know	exactly what they did)
10. In what kind of business or indus	stry did your spouse work (for most of
his/her working life)?	

11. How many	days in the last six months	s have y	ou stayed in the bed or	
restricted your	activities because of illnes	s.	number	
of days	(Code 99=no re	esponse/	/don't know)	
12. Have you	been a patient in the hospit	al overr	night since January 1, 2000?	
Y	es	1	[Continue to #13]	
N	0	2	[Go to #14]	
	(Code 99=no re	sponse/	(don't know)	
13. How many	y different times did you st	ay in an	y hospital overnight or	
longer since J	anuary 1, 2000?		_times	
	(Code 99=no re	sponse/	don't know)	
14. Since Jan	uary 1, 2000, about how m	any tim	es did you visit a medical	
doctor or physician's assistant? [Do not count dentists, or doctors seen				
while an over	night patient in a hospital]	times	
	(Code 99=no r	esnonse	v/don't know)	

15. Looking at this card *[Show Card #1]*, how would you rate your present overall state of health?

Very Poor1
Poor2
Fair3
Good4
Excellent5
16. Do you have a primary care doctor?
Yes1
No2
Don't Know/Refused3
17. How long ago was your last visit to the doctor?
Less than one month ago1
Less than 6 months ago2
Less than a year age3
More than a year ago4

18. Was the doctor male or female?
Male1
Female2
19. Was the doctor from the same racial group as you?
Yes1
No2
20. Was your visit to the doctor for a specific problem or for a complete physical
exam?
Specific problem1
Complete physical exam2
21. Was the doctor your primary care doctor?
Yes1
No2
22. Did you choose this doctor you saw?
Yes1

Since the discussions on prostate cancer screening have you had or felt any of the following? (Read each of the following symptoms to the respondent and record the responses. Follow up if they answer YES).

	Yes	No	Don't
			Know/Refused
23. Prolonged time before you begin urinating	1	2	3
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3
24. Frequent need to urinate during the day or	1	2	3
night?			
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3
25. Pain in your groin when urinating?	1	2	3
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3

	Yes	No	Don't Know/Refused
			Kilow/Refused
26. Difficulty completely emptying your	1	2	3
bladder when you urinate?			
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3
27. Weak or interrupted flow of urine when	1	2	3
you urinate?			
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3
28. Stiffness in the lower back, hips, or upper	1	2	3
thighs?			
a) If Yes, did you feel this on most days for at	1	2	3
least six weeks in a row?			
b) Did you see a doctor about this problem?	1	2	3

29. Following the discussions on prostate cancer has a doctor checked you
for prostate cancer through a rectal exam?
Yes1
No2
Don't Know/Refused3
30. Following the discussions on prostate screening has a doctor checked
you for prostate cancer through a blood test?
Yes1
No2
Don't Know/Refused3
31. How would you rate the information provided during the discussions on
prostate cancer screening?
Absolutely useful1
Useful2
Somewhat useful3
Somewhat useless4
Useless5
Absolutely useless6

Please listen to the following statements I am about to read and give me your opinion on each statement. Please use the card for your responses. There is no right or wrong answer. [Show Card #2]

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
32. I'd rather pray to stay healthy	1	2	3	4	5	6
than go for yearly prostate cancer						
check ups.						
33. Prostate cancer check ups are	1	2	3	4	5	6
too expensive.						
34. It is too degrading to have a	1	2	3	4	5	6
doctor check out my prostate.						
35. If a prostate cancer check-up	1	2	3	4	5	6
shows I have an illness, it will put						
too much financial strain on me,				:		
and my family.						
36. I am too embarrassed to have	1	2	3	4	5	6
a doctor check my prostate						
through the rectum.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
37. Prostate cancer check ups are	1	2	3	4	5	6
painful.						
38. I know my prostate is healthy.	. 1	2	3	4	5	6
39. I do not worry about getting	1	2	3	4	5	6
prostate cancer.						
40. Prostate check-up procedures	1	2	3	4	5	6
are too complicated.						
41. When I feel healthy, I do not	1	2	3	4	5	6
need a prostate check up.				:		
42. Yearly prostate cancer check	1	2	3	4	5	6
ups will help me do something						
good about my health.						
43. A prostate check through my	1	2	3	4	5	6
rectum will make me less a man.						
44. Yearly prostate check ups are	1	2	3	4	5	6
very important.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree	l l	
45. I am afraid of what a prostate	1	2	3	4	5	6
cancer check through a blood test						
may find.						
46. I am afraid what the doctor	1	2	3	4	5	6
may find during a prostate check.						
47. Too much is being made	1	2	3	4	5	6
about yearly prostate check-ups.						·
48. I'd accept a blood test to find	1	2	3	4	5	6
prostate cancer.						
49. I will not willingly participate	1	2	3	4	5	6
in yearly prostate cancer check-						
ups.						
50. Yearly prostate cancer check	1	2	3	4	5	6
ups are useful for finding any						
health problems early.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
51. I fear yearly prostate cancer	1	2	3	4	5	6
check-ups will show that I am						
sicker than I think.						
52. I'd accept a rectal exam to	1	2	3	4	5	6
find prostate cancer.						
53. I will not go for prostate	1	2	3	4	5	6
check-ups until it is really						
necessary.						
54. Yearly prostate check ups is a	1	2	3	4	5	6
waste of time and money.						
55. Yearly prostate check ups will	1	2	3	4	5	6
help me do something useful						
about my health.					:	
56. Accepting a rectal exam of	1	2	3	4	5	6
the prostate is a sign of				Ì	;	
homosexuality.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
57. Regular prostate check up is a	1	2	3	4	5	6
ploy by doctors to get more						
money.						
58. A prostate check through the	1	2	3	4	5	6
rectum is a normal part of a						
physical exam.						
59. I should have a prostate check	1	2	3	4	5	6
through the rectum once a year.						
60. I should have yearly prostate	1	2	3	4	5	6
cancer check-up through a blood						
test.			i			
61. Lack of free medical care	1	2	3	4	5	6
prevents me from getting regular						
prostate check up.			ł			
62. Regular prostate check ups	1	2	3	4	5	6
will not do much for my health.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
63. When I feel fine, I do not	1	2	3	4	5	6
need to ask the doctor whether I						
have a serious illness.						
64. Regular prostate check ups do	1	2	3	4	5	6
not contribute much to one's						
health.						
65. Regular prostate check up	1	2	3	4	5	6
will not add more years to my						
life.						
66. I have lived a good life, so a	1	2	3	4	5	6
disease at this stage will not						
worry me too much.						
67. Regular prostate check up is	1	2	3	4	5	6
mostly good for younger men.						
68. It is better I do not know	1	2	3	4	5	6
about a prostate problem I may						
have.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
69. Regular prostate check up	1	2	3	4	5	6
will save me much pain.						
70. Regular prostate check ups	1	2	3	4	5	6
will help early detection of						
disease.						
71. Regular prostate check up is	1	2	3	4	5	6
important for avoiding prostate						
cancer.						

Please listen to the following statements I am about to read and give me your opinion on each statement. Please use the card for your responses. There is no right or wrong answer. [Show Card #2]

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
72. When I get sick, I have the	1	2	3	4	5	6
power to make myself well again.						
73. If I am going to get sick, I	1	2	3	4	5	6
will get sick no matter what I do.						
74. Having a good doctor makes	1	2	3	4	5	6
it less likely that I will be sick.						
75. My health is very much	1	2	3	4	5	6
influenced by things beyond my						
control.						
76. Whether I stay healthy	1	2	3	4	5	6
depends on the care and advice I						
get from my doctor.						
77. Other people have a big say in	1	2	3	4	5	6
whether I stay healthy or not.						

	Strongly	Disagree	Some	Some	Agree	Strongly
	Disagree		what	what		Agree
			Disagree	Agree		
78. I am responsible for staying	1	2	3	4	5	6
healthy.						
79. When I get sick it is the will	1	2	3	4	5	6
of God.						
80. It is my fault whenever	1	2	3	4	5	6
something goes wrong with my						
health.						
81. My health depends on how	1	2	3	4	5	6
well I take care of myself.						
82. When I get ill it is because I	1	2	3	4	5	6
have not taken care of myself						
83. The care I get from doctors	1	2	3	4	5	6
and health workers determines						
whether I stay healthy.						
84. It is easy to get sick even	1	2	3	4	5	6
when I take care of myself.						

85. In your opinion, how important will the following be in your decision to have your prostate checked through rectal exam by a doctor in future. Please look at the card [Show Card #3], and tell me how important each item is to you. There are no right or wrong answers

	Absolutely	Not	Barely	Important	Absolutely
	not important	important	Important		Important
a. Your ability to pay for the	1	2	3	4	5
check up.					
b. How sick you feel.	1	2	3	4	5
c. Availability of transportation	1	2	3	4	5
d. Your doctor recommends it.	1	2	3	4	5
e. The doctor is a black man.	1	2	3	4	5
f. It is the right thing to do.	1	2	3	4	5
g. Someone you know does it.	1	2	3	4	5
h. How friendly the personnel	1	2	3	4	5
at the hospital are to you.					
i. Someone you know	1	2	3	4	5
recommends it.					

	Absolutely	Not	Barely	Important	Absolutely
	not important	important	Important		Important
j. You read about the	1	2	3	4	5
importance of regular prostate					
check ups.					
k. Someone you know is	1	2	3	4	5
diagnosed with prostate cancer					
1. Someone you know dies	1	2	3	4	5
from prostate cancer.					
m. To be sure you are in good	1	2	3	4	5
health.					
n. You participate in a	1	2	3	4	5
workshop on prostate cancer.				į	

Thank You for Responding to These Questions.